20 R E V I V E 17

At Revive '17, women were asked to huddle up with a couple women and discuss the following questions after this message.

- 1. Can you share an area of excess or enslavement in your life? An area in which you find it difficult to put on the brakes?
- 2. What are some practical ways we can cultivate a *sophron* mind and greater self-control?